THE NEW LIFE TIMES









The Printed Voice of New Life 94.5 WYNL - Charleston's Christian Radio Station

WHO WILL BE THE NEW LIFE 94.5 WINTER JAM SUPER FAN?

Contemporary Christian's largest annual touring event, Winter Jam, returns to the Charleston Civic Center on Friday, January 5th. New Life 94.5, along with ACI Locksmith and Eddie's Tire and Service, want to send you in style!

Keep it tuned to New Life 94.5 for you chance to win a pair of tickets to the show, as well as qualify for our special Winter Jam Super Fan package! Prize pack includes accommodations for 2 at the Embassy Suites in Charleston, limousine transportation to and from the concert courtesy of Classy Limo of Ashland, plus more! Winner will be announced January 2nd!





Thanks in part to the generosity of our listeners, every angel on this year's Salvation Army Angel Tree was



adopted! We could not have done it without the support of our amazing sponsor Poca Valley Bank.



Thanks again for helping put smiles on children's faces this past Christmas!



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P. O Box 871 - Charleston, WV - 304.744.7020 - fax: 304.744.8562 for more information, visit us online at www.newlife945.com











Dive-In Movie Night



FCA Night of Champions with Lou Holtz



Trunk or Treat

Robert's Ramblings



By Robert Fulton
Program Director
Mid days 10am-3pm

Are you making a New Years Resolution? It's a pretty normal thing to do. And like most of us, I make them too. Also like most of us, I have a hard time keeping them. The most common one for everyone is almost certainly to "Eat better/lose weight/go to the gym", and other things of that nature. I think when a New Year comes, most of us (myself included) take time to say "How can I be better?" Check this verse out:

"Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." - Isaiah 43:18-19

Whatever new resolution you're making, whatever new thing you're taking on, resolve first to follow the Lord into it. Don't dwell on the past, but follow Him into His "new thing"- It may



look like a wilderness sometimes, but He always makes a way!

COOKIN' WITH COACH - Chris "Coach" Akers



So now that a new year has arrived, it's time for me to do my annual "I'm going to eat healthy" pledge. While it unfortunately never lasts that long, it is good while it lasts. So this month, with that in mind, I want to share with you my wedge salad on a stick recipe.

Ingredients:

- 5 slices of bacon, cooked and chopped in quarters
- ♦ 1/2 head of iceberg lettuce, cut into 10 bite-sized chunks
- 1/2 onion, roughly chopped
- ◆ 1 ripe avocado, diced
- 10 cheery tomatoes
- Blue cheese dressing for drizzling
- Freshly ground black pepper

Onto a small skewer, add I chunk of lettuce, 2 quarters of bacon, a few slices of onion, a piece of avocado, and a tomato. Repeat to fill 9 more skewers. Drizzle with blue cheese dressing and season with black pepper. How easy was that?





Go to www.newlife945.com today and send us your birthday for a chance at a free Shoney's pie!



Programming

6am - 10am Kevin & Taylor 10am - 3pm Robert Fulton 3pm - 7pm Corry Reynolds 7pm-12mid Night Light

Weekends The Best of Kevin & Taylor

Therese

The Best of Night Light

Coach

About Us

- Music with a Message
- Extremely Loyal Audience
- Local Programming including Traffic and Weather
- Award Winning Creative Production
- Highly Involved with Community Churches
- Local Owner's Desire to Provide Faith-Based Programming in our market.



Congratulations to our honorees!

December 1 - Issac Mace Teays Valley Christian

December 8 - Dakota Cosby George Washington H.S

December 15 - Wilson Meeks Charleston Catholic H.S













NorLife Marketplace





22 SUNNYBROOK ROAD HURRICANE











